

## THIS IS HOW YOU CAN USE ESSENTIAL OILS







Household



Perfume





Kitchen





Cosmetic



Room scenting



Body care



Essential Oils are versatile and work through the sense of smell or by absorption through the skin.

## DILUTION TABLE FOR ESSENTIAL OILS



Dosage	Drops of essential oil					Application
0.50 %	1.5	2.25	3	4.5	15	for children's and seniors' care products and facial care
1 %	3	4.5	6	9	30	for shower gels, body care and massage oils for adults
2 %	6	9	12	18	60	for room sprays, shower gels and bath additives
3 %	9	13.5	18	27	90	for room sprays
						Carrier Oil
					100 ml	

## CARRIER OILS & MACERATES



6600 Jojoba Oil organic



6639 Castor Oil organic



Almond Oil, sweet organic



30 ml

Shea Butter, unrefined organic



6604 Pomegranate Seed Oil organic



68681 St. John's Wort 20% (in Olive Oil) organic